



Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	1109	Nike Ruschel	adidas TriTeam LAZgo	TW45	1	0:11:50 (4)	4:24	0:18:57 (4)	0:48	0:22:43 (2)	0:58:44
2	1110	Julia Keck	adidas TriTeam LAZgo	TW40	1	0:12:01 (6)	4:11	0:18:55 (3)	0:52	0:22:43 (3)	0:58:44
3	1112	Verena Feld	adidas TriTeam LAZgo	TW30	1	0:14:18 (17)	1:56	0:18:54 (2)	0:52	0:22:41 (1)	0:58:44
4	1102	Sara Bund	Tri Post Trier Damen	TW35	1	0:13:37 (15)	2:17	0:19:15 (5)	1:01	0:23:33 (4)	0:59:45
5	1104	Ricarda Kappen	Tri Post Trier Damen	TW20	1	0:13:36 (14)	2:17	0:19:18 (7)	0:58	0:23:34 (5)	0:59:45
6	1103	Jana Dahlem	Tri Post Trier Damen	TW25	1	0:13:34 (13)	2:21	0:19:17 (6)	0:57	0:23:35 (6)	0:59:46
7	1111	Simone Scheuermann	adidas TriTeam LAZgo	TW35	2	0:12:39 (10)	3:34	0:18:54 (1)	0:54	0:25:54 (7)	1:01:57
8	1107	Céline Weiler	Dr. Goerg - Team RSG Montabaur	WJA	1	0:11:02 (3)	4:20	0:20:29 (10)	0:41	0:27:22 (17)	1:03:57
9	1105	Nele Klöckner	Dr. Goerg - Team RSG Montabaur	WJA	2	0:10:40 (1)	4:43	0:20:29 (9)	0:42	0:27:22 (15)	1:03:57
10	1106	Bianca Mille	Dr. Goerg - Team RSG Montabaur	TW40	2	0:12:09 (9)	3:12	0:20:31 (11)	0:41	0:27:22 (16)	1:03:57
11	1114	Mara Winden	SRL Triathlon Koblenz	TW20	2	0:13:04 (12)	2:14	0:21:30 (15)	1:07	0:26:28 (8)	1:04:24
12	1116	Silvia Mader-Husemann	SRL Triathlon Koblenz	TW40	3	0:11:57 (5)	3:22	0:21:28 (12)	1:08	0:26:28 (9)	1:04:24
13	1115	Nele Spitzhorn	SRL Triathlon Koblenz	WJA	3	0:10:47 (2)	4:29	0:21:28 (13)	1:09	0:26:29 (10)	1:04:24
14	1113	Judith Wirth	SRL Triathlon Koblenz	TW30	2	0:12:02 (7)	3:14	0:21:30 (14)	1:08	0:26:30 (11)	1:04:25
15	1117	Isabelle Herkelrath	TSG Maxdorf Damen	TW25	2	0:12:06 (8)	5:22	0:22:27 (17)	0:57	0:26:32 (12)	1:07:25
16	1119	Christine Vollmer	TSG Maxdorf Damen	TW35	3	0:15:30 (19)	2:00	0:22:25 (16)	0:57	0:26:32 (13)	1:07:26
17	1118	Ute Jarzombek	TSG Maxdorf Damen	TW40	4	0:12:58 (11)	4:31	0:22:28 (18)	0:55	0:26:32 (14)	1:07:26